

AIT Medihelp

"medicines training you can trust"

April 2022



Hello April!

WOW what a March we've had! We've certainly kept the team busy by sending them all over the UK. We've been working from Somerset to Warrington, London, Suffolk, Essex and everywhere in between! Face to Face training, blended and E-Learning were out in full force!

We've worked with day centres and adapted our course timings to work around shift times to make sure they got their training completed.

We've also customised our competency course for team leaders and managers to be more role specific for those assessing others.

Please get in contact today to see **how, when and where we can help you!**

hello@aitmedihelp.co.uk

AIT is with you every step of the way

Allergy Awareness Week April 26th - April 30th

Hay fever is a common allergic reaction to pollen released from trees, grass and/or weeds, lasting from March to September. Some **Top Tips** to help relieve the symptoms are:

- Wear wraparound sunglasses,
- Use Vaseline around nostrils
- Wash pollen off skin/clothes
- Keep doors/windows closed
- Vacuum regularly
- Dust with damp cloths.
- Use of eye drops, nasal sprays or antihistamine tablets can help relieve symptoms.

DID YOU KNOW?

Pets can also carry pollen! Also dehydration and smoking make your hayfever symptoms worse.

News In The Care World

Government guidance was updated on 15th March lifting restrictions on visiting care homes across the UK.

As we know visiting is an integral part of care home life. It is vitally important for maintaining the health, well being and quality of life of residents. Visiting is also crucial for family and friends to maintain contact and life-long relationships with their loved ones, and to contribute to their support and care.

Before visiting any care setting please ensure you check their current guidance for visitors before attending.

SPECIAL SHOUTOUT

WE ALSO WANT TO GIVE A BIG WARM WELCOME TO OUR NEWEST MEMBER OF STAFF KATIE, AN EXPERIENCED PHARMACIST WITH OVER 30 YEARS EXPERIENCE. KATIE IS OUR MEDICATION AUDIT SPECIALIST AND WILL SOON BE OFFERING ALL OF OUR TRAINING COURSES TOO!

Always accredited Always supportive Always 5 star

