

# AIT Medihelp

"medicines training you can trust"

## August 2022

**August is here!**



We can't quite believe it's August already, where is this year going?

The AIT Medihelp team has been busier than ever delivering our courses from all the way up in Inverness all the way down to Cornwall (If you didn't know already we cover all of the UK!)

We had the launch of our first ever offer which FLEW off the shelves, be sure to check our socials to see when our next offer might be.

Please get in contact today to see **how, when and where we can help you!**



@aitmedihelp

hello@aitmedihelp.co.uk

## Safe storing of medicines in heat

The recommended storage for most medicines at room temperature is **8 - 25°C**

Some medicines now come with instructions allowing storage **up to 30°C**

Daily room **temperature monitoring is recommended** in care settings, though local medication policy should be followed at all times.

If temperatures consistently exceed those recommended (usually for more than ~5 days), try simple remedial measures:

close curtains or blinds

use fans

remove (or do not use) nearby electrical items generating heat

If this does not improve conditions:

consider air conditioning

find a more suitable storage room for medicines

Ensure **temperature logs** are saved and record any remedial action taken.

If you are unsure whether individual medicines can continue to be used after storage at consistently high temperatures, **contact your local pharmacy for advice**

## Its Our Birthday!

This month AIT Medihelp is turning 13!

From humble beginnings as a team of 2, only offering face to face courses in Essex we are now a team of 7 and cover the whole of the UK, offering face to face training courses as well as blended learning and E-Learning too!

We're now accredited by The Royal Pharmaceutical Society, recommended by carehome.co.uk and an endorsed provider with Skills For Care!

We have so much to celebrate looking at how far we've come, and this is just the start!

Sign up to our newsletter and follow our social media accounts to see how we will be celebrating this month!

Always accredited  
Always supportive  
Always 5 star

